

Waghoda Raod, P.B.No. 4, NANDURBAR-425412 (M.S.)

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### BEST PRACTICE - I

Title: "Health practices @ Community Services"

### Objectives of the practice:

- 1. To enhance health quality of life in society
- 2. To inculcate social values and responsibilities.
- 3. To organize social events for promoting the holistic development of society
- 4. To create opportunities for the students for social interactions.
- 5. To strengthen teamwork amongst students and encourage participation
- To involve the students in awareness programs for grooming them as agents for community services.

### The context:

Community-based learning integrates traditional classroom instruction with community service, enhancing students' learning experiences and civic engagement. At our pharmacy institute, this approach bridges academic knowledge with practical community applications, fostering meaningful connections between theory and practice.

As a pharmacy college, we prioritize developing responsible and accountable pharmacists. Our social objective focuses on raising health awareness among tribal populations and extending care to improve health and quality of life. Through extension and outreach programs, students are sensitized to social responsibilities, societal issues, and community engagement.

These activities not only instill human values but also boost confidence, teamwork, and adaptability. Students learn to manage challenges in education and careers while developing essential life skills such as time management and prioritization. Participation in these programs helps students cultivate social justice, responsibility, and sustainability, shaping them into well-rounded individuals prepared to face the world with confidence.



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### Our College has Organized Awareness Programmes

Sr. No.	Activity	Date
1	Guest lecture on Life Cycle Management and Cardiac Disease	05/10/2023
2	Field Visit at Rakaswada Hospital	31/01/2024
3	Field Visit at Govt. Civil Hospital	28/02/2024

### The Practice:

### 1. Evidence of success:

The Institute has observed successful outcomes in Social Activities in the last year; Healthrelated awareness programs were conducted every year to a large number of tribal community people as they attend these practice activities and acquire knowledge about safeguarding their health.

### 2. Problems encountered and resources required:

- Availability of limited funds/funding sources for organizing such activities.
- \* To get the maximum and active participation from tribal people.
- Poor literacy among the people of the surrounding area
- Difficulty and lack of communication problems with the tribal community.



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### **BEST PRACTICE - II**

Title: "Green campus-Healthy campus"

### Objective of the practice:

- 1. To keep the Campus green and clean
- 2. To grow more trees with variety
- 3. To help biodiversity conservation
- 4. To inculcate eco- consciousness among the students and staff for institution.
- 5. To create good ambience for the holistic development of the students.
- 6. To improve the overall health of the people on campus.
- 7. To support and implement "Swachh bharat abhiyan" for healthy life
- 8. To use LED light for efficient use of electricity.

### The context:

As per our Vision and Mission, we strive to excel in Pharmaceutical education and research, but with that our institute is also committed towards health and biodiversity of campus that eventually protect our environment

Campus expansion has resulted in an increase in the use of motor vehicles and resource consumption. Therefore, the college has felt the need to maintain and enhance the greenery in the campus.

#### The Practice:

On the onset of monsoon every year and we plant various types of saplings with the help of students, teaching and non teaching staff in the college. These plants are made available from the nearby government and private nurseries. These are successfully maintained by providing fertilizers and irrigation facility. We conduct the program "Tree plantation" every year, and then saplings is then taken care by some volunteers and staffs. By this initiative we have planted many saplings and we have planned to do in huge numbers with years to come. Along with this there are other major activities conducted in campus to achieve the goal of green and healthy campus, the college has displayed Signboards/posters in college campus for encouraging ideas of plastic free campus noise pollution, and environmental awareness. The energy audit of consumption of electricity in the college is conducted recently by certified external auditor. LED



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bulbs are installed in the college building to save the electricity. The college has robust rain water harvesting that has resulted in the increase in groundwater level of the bore wells on the campus. This rain water is then utilized in various sources like for practical purpose, watering the lawn, in canteen etc.

### 1. Evidence of the success:

Our lawn is spread across 7052 x 1479 x 1122 sq. ft of sprawling green campus. This practice has resulted in the improved quality of air and subsequently quality of life. The tall trees helps to reduce the sound created by vehicles, it is a proven fact that plant barriers can be a solution to noise pollution. Indeed, plant barriers are excellent solution for the traffic noise.

### 2. Problems encountered and resources required:

No serious problems were faced as such but during the initial phase it was difficult to find the alternative for single use plastic carry bags for the students.



